Homeostasis and Exercise - Mark Scheme

Question Number	Answer	Additional Guidance	Mark
1(a)	1. idea that (some) have less myoglobin present ;		
	2. less blood / fewer red blood cells / less haemoglobin ;		
	3. as fewer capillaries present / eq;		
	4. idea that respiration is (mainly) anaerobic;		(2)

Question Number	Answer	Additional Guidance	Mark
1 (b)(i)		ACCEPT we foodbook historyles	
	negative feedback ;	ACCEPT -ve feedback, biofeedback is	
		negative	(1)

Question Number	Answer	Additional Guidance	Mark
*1(b)(ii)	(QWC – spelling of technical terms must be correct and the answer must be organised in a logical sequence)	QWC emphasis is spelling	
	 idea that low pH is due to acid in the blood; lactate taken to liver / eq; 	ACCEPT <i>lactic</i> acid for <i>lactate</i> throughout and <i>pyruvic</i> acid for <i>pyruvate</i> 1. Accept for acid: <i>lactic</i> acid/lactate/(dissolved) CO ₂	
	3. reference to oxygen debt / EPOC;		
	4. used to convert <i>lactate</i> back to <i>pyruvate</i> ;		
	5. with production of <i>reduced</i> NAD / eq ;	5. ACCEPT NADH ₂ and NADH + H ⁺	
	6. { lactate / pyruvate} converted to glucose / glycogen ;	3. ACCLI I NADII ₂ and NADII + II	
	7. pyruvate into mitochondria ;	7. ACCEPT <i>lactate, matrix</i> as	
	8. idea of <i>chemoreceptors</i> detecting change in pH;	equivalent to mitochondria	
	9. idea of response e.g. increased { nerve impulse rate from medulla / breathing rate / heart rate};		
	10.(dissolved) CO ₂ from blood (<i>diffuses</i>) into <i>alveoli</i> / eq ;		
			(5)

Question Number	Answer	Additional Guidance	Mark
1(b)(iii)	 reference to arterioles; muscles contracting to restrict diameter / eq (in 	IGNORE ref to relaxation of hair erector muscles	
	shunts);	2. ACCEPT vasoconstriction	
	muscles relaxing to increase diameter / eq (of arterioles);	3. ACCEPT muscles relax to dilate arteriole ;	
	 to redirect blood {away from deeper arterioles / into surface arterioles} / eq; 	ACCEPT vasodilation ACCEPT shunt vessels	
	to increase blood flow { into capillaries / towards surface } / eq;		
	6. (so more heat lost) through radiation;	5. More blood enters = to increase blood flow	
			(4)

Question Number	Answer	Additional Guidance	Mark
2 (b)	An answer that makes reference to the following:	ALLOW converse for any marking point	
	(an increase in body temperature causes) a greater increase in rate of sweating in males than in females (1)	ALLOW 'males sweat more'	
	males lose heat faster because they produce sweat at a faster rate (1)		
	 females have larger SA to body mass ratio that allows for { faster / more effective } heat loss (1) 	ALLOW SA: volume	
	 males have less { body fat / insulation } which may allow { faster / more effective } heat loss (1) 		(4)